Signs of an allergic reaction include:

**systems**

**MOUTH**
- Itching and swelling of lips, tongue or mouth.

**THROAT**
- Itching and/or a sense of tightness in the throat, hoarseness and hacking cough.

**SKIN**
- Hives, itchy rash and/or swelling about the face or extremities.

**GUT**
- Nausea, abdominal cramps, vomiting and/or diarrhea.

**LUNG**
- Shortness of breath, repetitive coughing and/or wheezing.

**HEART**
- ‘Thready’ pulse and/or ‘passing out.’

The severity of symptoms can change quickly. *All of the above symptoms can potentially progress to a life-threatening situation.

**Action:**

- prescriber should number in order all appropriate actions:

  ______ Observe child for severe symptoms.
  ______ Administer EpiPen® before symptoms occur.
  ______ Administer EpiPen® if symptoms occur.
  ______ Administer Benadryl® (dose) ___________________________ or Atarax® (dose) ___________________________.
  ______ Call 911 (and request a paramedic) and transport to ER if symptoms occur.
  ______ Call 911 (and request a paramedic) and transport to ER if EpiPen® given.

DO NOT HESITATE TO ADMINISTER MEDICATION OR CALL 911 EVEN IF PARENTS OR PRESCRIBER CANNOT BE REACHED!

Parent Signature                                                                                                         Date

Prescriber Signature MD/APRN/PA                                                                      Date

Parent Name, please print                                                                                     Prescriber Address & Phone #